Be kind to one another, tender-hearted, forgiving one another, even as God in Christ forgave you.

Ephesians 4:32 (NASB)

Do you hold grudges against people? Do you find it hard to forgive? The Bible tells us that we should be kind to each other and to forgive.   Jesus told us to love one another as He loved us. Even in prayer, Jesus said to "forgive us our depts, as we forgive our debtors."

God does not forgive us because we forgive others; He forgives us because of His great mercy. As we begin to understand His mercy, we begin to want to be like Him. In other words, having received forgiveness, we will want to pass it on to others. And that means forgiving others!

Remember Jesus even forgave those who crucified Him. Knowing this, how hard is it really to say "I forgive you" to someone who may have hurt you? Even if they don't say "I'm sorry."